## Makes a Healthy Difference

- □ Do you have a child under 5 years old?
- □ Do you have a baby?
- □ Are you pregnant now?
- □ Are you breastfeeding?

If so, WIC may be for you.



## WIC provides:

- □ healthy foods
- ☐ health referrals
- breastfeeding support
- eating tips for you and your child

For more information:



## Labette County Health Department

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